Wilsons Promontory National Park

Walking at Wilsons Prom

The Prom offers wonderful walking opportunities for visitors of all ages and fitness levels. From short walks to day walks, pristine beaches to temperate rainforest, towering sand dunes to lookouts offering spectacular panoramic views, Wilsons Promontory has it all.

2011 flood recovery advisory

- Tidal River will reopen to the public on Friday September 23rd, 2011.
- Many parts of the Prom remain closed due to extensive flood damage. For your safety and to help the Prom recover, please abide by these closures.
- Parks Victoria are taking a staged approach to reopening flood affected areas of the park. We anticipate reopening walking tracks (including overnight hiking tracks) as soon as it is deemed safe to do so.
- For further information about track closures, please refer to map and track closure table.

Be prepared

Carry water with you and/or know how to make untreated water safe for drinking.

Unless otherwise stated, times and distances are given for one way travel at a gentle pace.

Short walks and beach access near Tidal River

1. Norman Beach
   (Multiple access points, short distances & times. Easy)

Close to Tidal River campground, the beautiful Norman Beach is flanked by Pillar Point in the north and Norman Point in the south and offers stunning views of Mt Oberon. The beach can be accessed from 2nd ramp at the Norman beach car park or from 3rd, 4th or 5th ramp along 34th Avenue. Surfing is only permitted south of 5th ramp.

2. South Norman / Biddy’s Track
   (1.5km, 30 minutes. Easy)

Offering an alternative access track to Norman Beach, this walk winds through tea tree shrouded sand dunes to the southern end of the beach. From the Tidal River Visitor Centre, follow the track past the Terrace toilet block and veer left at the track junction.

3. Lilly Pilly Gully Nature Walk
   (2.6 km, 1 hour. Easy. Suitable for prams)

Starting at the Lilly Pilly Gully car park, this walk provides a glimpse into the Prom’s forested interior, traversing heathland, eucalypt forest and a boardwalk through stands of warm temperate rainforest. After soaking up the magic of the rainforest, retrace your steps to the car park. The Lilly Pilly Gully Circuit walk and Mt Bishop walk are currently closed.

4. Picnic Bay
   (400 metres from carpark. Moderate)

Commencing from the Picnic Bay carpark, a steep track with some steps leads down to this beautiful beach. Rock formations at both ends of the beach offer a range of intertidal rock pools to explore. A viewing platform is near the carpark. Picnic Point and Whisky Bay are currently closed.

5. Squeaky Beach via Tidal Overlook
   (3.5km, 1 hour, Moderate)

Starting at the Lilly Pilly Gully car park, this walk offers the best views of the Prom’s west coast and a chance to observe a variety of coastal plant communities as it climbs the Tidal Overlook track on the headland between Norman and Leonard Bays before descending to Squeaky Beach. The Squeaky Beach car park and beach access track from the car park are currently closed.

6. Squeaky Beach via Picnic Bay
   (2.5km, 1 hour, Moderate)

One of the iconic locations at the Prom, Squeaky Beach has rounded quartz sand that ‘squeaks’ when you walk on it. Start at the Picnic Bay carpark then walk to the southern end of the beach. A coastal track winds its way over Leonard Point to Squeaky Beach.

For more information call the Parks Victoria Information Centre on 13 1963 or visit our website www.parks.vic.gov.au
Short Walks in the North

7. Millers Landing Nature Walk  
(2 km, 40 mins. Easy)  
Starting at Five Mile car park, turn left just after the management gate. This delightful walk meanders gently downhill through open banksia and stringybark woodland to Millers Landing. Located on the southern coast of Corner Inlet, the Landing protects the southernmost stand of mangroves in the world.

8. Vereker Outlook  
(3 km, 1 hour. Moderate)  
Starting at Five Mile car park, the track winds through open banksia woodland with a heathland understorey. Panoramic views to Darby Saddle, Corner Inlet, Shellback Island and Cotters Beach are offered as the track climbs through stringybark forest and a tumble of granite boulders.

9. Millers Landing Link Track  
(1 km, 20 mins. Easy)  
Winding through open heathy woodland, this short track provides great wildflower spotting opportunities and allows the visitor to combine both the Millers Landing (walk 7) and Vereker Outlook walk (walk 8). The link track can be approached from either end.

10. Big Drift  
(2 km, 40 mins. Moderate)  
Starting at Stockyard Campsite near the park entrance, follow the signposts to the northern flank of Big Drift, an extensive series of inland sand dunes. On a clear day, Big Drift offers stunning views across to Corner Inlet, Shallow Inlet, and Cape Liptrap. It is easy to get lost in Big Drift. On windy days your tracks will be quickly erased. Be careful to mark your path to find the track out again. There is no beach access from Big Drift.

11. Shallow Inlet  
(400 metres, 15 mins. Easy)  
Commencing at Hourigan Camp Lane at the northern tip of the Prom, this short walk provides beach access to Shallow Inlet via a sheltered gully of coastal tea-tree and swamp paperbark. With the right tide conditions, it is possible to walk to the Inlet entrance.

12. Woodland Walk  
(7.6 km return, 2.5 hours. Moderate)  
Located behind the wildlife viewing area, 13kms into the park, this newly opened walk provides perfect opportunities to view native wildlife including kangaroos, wallabies, emus and wombats.

Day walks

Plan carefully to ensure that you have enough daylight to complete these walks.

13. Picnic Bay, Squeaky Beach, Tidal Overlook, Lilly Pilly Gully car park  
(6.6 km, 3.5 hours. Moderate / Hard)  
This spectacular two beach walk combines all the features of walks 5 and 6 allowing the walker to fully experience the beauty of both land and sea at the Prom. Travel alternates between track and beach walking. The walk can be done in either direction however a car shuttle is required.

The Squeaky Beach car park and beach access track from the car park are currently closed.

14. Darby Saddle To Tongue Point  
(5.6 km, 2.5 hours. Moderate / Hard)  
Tongue Point is a coastal headland jewelled with tumbled stacks and boulders of weathered granite.

The track from Darby Saddle provides spectacular coastal and forest scenery as it climbs uphill through stringybark and casuarina forest. At 2.1 km a side track (300 metres) leads up to Sparkes Lookout which offers views as far as the pyramid-shaped Rodondo Island in the south and Shallow Inlet in the north.

After the turnoff, the main track climbs steeply to Lookout Rocks, a vantage point offering views across to Norman Island. From here the track descends steeply through low heathland where it joins the track from Darby River and continues to Tongue Point. The track ends prior to the semi-attached island. For your safety don’t attempt to cross over to it.

15 Darby River to Tongue Point  
(3.8 km, 2 hours. Moderate)  
Start at the southern end of Darby River Carpark. Offering magnificent views of Darby Swamp, Vereker Range and Darby and Cotters Beach, this walk climbs gently through wind swept coastal vegetation before following the headland towards Tongue Point. The track ends prior to the semi-attached island. For your safety don’t attempt to cross over to it.

Just before the Darby Saddle track junction, a short side track with some steps leads down to the delightful and secluded Fairy Cove. For your safety, check tides before you go.

16. Darby River, Fairy Cove, Tongue Point, Darby Saddle  
(9.4 km, 3 - 3.5 hours. Moderate / Hard)  
This track combines all the features of walks 14 and 15, allowing the visitor to fully enjoy the stunning Tongue Point coastal area. The walk can be done in either direction however walkers will need to organise a car shuttle.
For further information
Parks Victoria
Information Centre
Call 13 1963
or visit the
Parks Victoria website
www.parks.vic.gov.au
Tidal River Visitor Centre
(03) 5680 9555
7 days, 8.30am - 4.30pm

Visitor Information
Centres
To find out about other
attractions in South Gippsland
or to book accommodation
outside the Prom, visit
www.visitpromcountry.com.au
or contact the Prom Country
Information Centre
1800 630 704 or
(03) 5655 2233
7 days, 9am - 5pm

Temporary Closures at the Prom

The following roads, tracks (including all
overnight hiking tracks), visitor facilities and
natural features at Wilsons Promontory National
Park remain closed until necessary flood repair
works are completed.

Around Tidal River
• Loo-Erm Boardwalk and fishing platforms
• Tidal River watercourse
• Tidal River foot bridge
• Tidal River boat ramp
• Boat launching at Norman Bay
• Tidal River to Squeaky Beach track
• Pillar Point track
• Tidal Overlook Circuit track
• Norman Beach to Oberon Bay track
• Lilly Pilly Gully Circuit track
• Mt Bishop track
• Mt Oberon Road
• Mt Oberon Summit track
• Telegraph Saddle car park
• Whisky Bay car park and beach access track
• Squeaky Beach car park and beach access track
• Picnic Point track

Southern Prom
• Telegraph Saddle to Sealers Cove track
• Sealers Cove campsite
• Sealers Cove to Refuge Cove track
• Refuge Cove campsite
• Refuge Cove to Little Waterloo Bay track
• Little Waterloo Bay campsite
• Little Waterloo Bay to Telegraph Saddle track
• Telegraph Track to Oberon Bay track
• Telegraph Saddle Carpark to the
  Lighthouse track
• Roaring Meg campsite
• Halfway Hut campsite
• Little Waterloo Bay to the Lighthouse track
• South Point track

Northern Prom
• Cotters Lake and Cotters Lake track
• Darby River beach access track
• Five Mile Road beyond Five Mile
  Road car park
• Five Mile Road Carpark to Barry Creek
  Camp track
• Barry Creek Camp
• Barry Creek Camp to Five Mile Beach
  Camp track
• Five Mile Beach Camp
• Five Mile Beach Camp to Johnny Souey
  Cove track
• Johnny Souey Camp
• Johnny Souey Cove to Lighthouse Point track
• Lighthouse Point to Tin Mine Cove track
• Tin Mine Cove Camp
• Tin Mine Cove to Lower Barry Creek
  Camp track
• Lower Barry Creek Camp
• Lower Barry Creek to Five Mile Road track

For Your Safety

• “Let someone know before you go”. Tell a
  responsible friend or family member of your
  planned itinerary
• If you require emergency assistance phone
  000 for Police, Ambulance or Fire or contact
  Parks staff on (03) 5680 9525
• A public phone is located beside the Tidal
  River Store
• Mobile Phone coverage cannot be relied
  upon within the national park
• Stay on walking tracks to avoid getting lost
• Carry drinking water and waterproof clothing

Living lightly at the Prom
Help us look after this magnificent park by
following these guidelines:

• Firearms and dogs, cats and other pets are
  not permitted in the park.
• All plants, animals, other natural features
  and cultural sites and features are protected
  and must not be disturbed or removed.
• Fires (including solid fuel ‘heat beads’) are
  not permitted in the park.
• Use a gas or liquid fuel stove for cooking.
Free gas BBQs are available in the picnic
areas at Norman Bay and Tidal River.
• It is an offence to feed or offer food to
  wildlife. It encourages aggressive behaviour
  in animals and is bad for their health.
• Ensure that all food is securely stored,
  preferably in your vehicle if camping.
• Please separate recyclable material from
  rubbish and ensure that all rubbish,
  including food scraps, is disposed of in the
  appropriate bins.
• Fishing is only permitted in certain areas. A
  recreational licence is required and can be
  purchased at the Tidal River Visitor Centre.
• Use water wisely at the Prom.
• Stay on walking tracks to avoid getting lost
  and damage to plants
• Bicycles are not allowed on any walking
  track or management vehicle track

Park notes available:

• Wilsons Promontory National Park
  Visitor Guide
• Tidal River Camping
  and Accommodation Guide
• Wilsons Promontory Marine National Park –
  Victoria’s Blue Wilderness

August 2011
Printed on Australian-made 100% recycled paper