

# WELCOME to Koonwarra

Join us & enjoy this community event.

9am to 3pm Sunday 24<sup>th</sup> January 2010

*Cost: \$2 Adults Children under 18 FREE!*

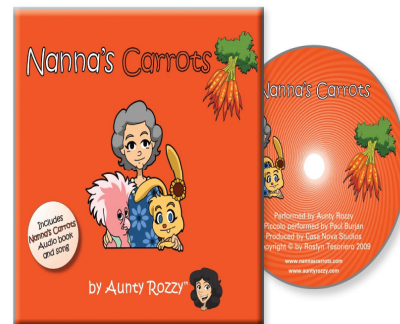
Presentations & Activities in Koonwarra Hall



## Earth Kids

RAISING THIS GENERATION SUSTAINABLY

| Time    | Presentation                       | Presenter                         |
|---------|------------------------------------|-----------------------------------|
| 9.15am  | Welcome                            | Melanie Cole                      |
| 9.30am  | Meditation for children            | Sara Albion                       |
| 10am    | Why and how to grow your own food  | Tony Hellier, The Outside Bit     |
| 10.30am | Nanna's carrots                    | Aunty Rozzy & mascots             |
| 11.30am | Mainly Music Inverloch             | Isobel Sutherland & Jetty Haitsma |
| 12.30pm | Simple compost solutions that work | Tony Hellier, The Outside Bit     |
| 1.30pm  | The Incredible Edible Alphabet     | Aunty Rozzy & mascots             |



2.45pm Thank yous & Koonwarra Raffle drawn

All Day Art Activities sponsored and hosted by

artZillery

All Day Second hand goods & 'new' products(ethical) stallholders – Hall indoors, Park and Nursery

All Day *Planting activity* at the Nursery & *Find the needle in the mulch* by Aussie Rice Straw truck!

Information table – info on Recycled textbooks, St Johns Kids First, Voice 4 Justice, Girl Guides,

*kite flying, face painting, products & groups that support the environment, all people and our kids future!*

More all day around Koonwarra See map for locations of following businesses/activities

Clean Food Fresh produce & food

Explore the gardens, shops, rail trail

CFA Koonwarra (**\*Event Emergency/First Aid**) Info, assistance with fire plans, kids education

Koonwarra Store Delicious food, drinks and ice-cream all made with love!

The Escential Shop 12pm **FREE TALK** Keeping yourself and your family healthy sustainably

SPECIAL 10 min Back & Shoulder massages \$10

The Organic Cooking School – Farmhouse kitchen meals with real taste!

10-12.30pm Two Generations Fowlers Vacola(Limit 6 children with accompanying adult \$50)

2pm **FREE DEMO** on Healthy lunchbox ideas

Presented by the Koonwarra Business Group in conjunction with Koonwarra Sustainable Communities Centre, proudly sponsored and organised by:



Note: Info Subject to change. [www.koonwarra.vic.au](http://www.koonwarra.vic.au)